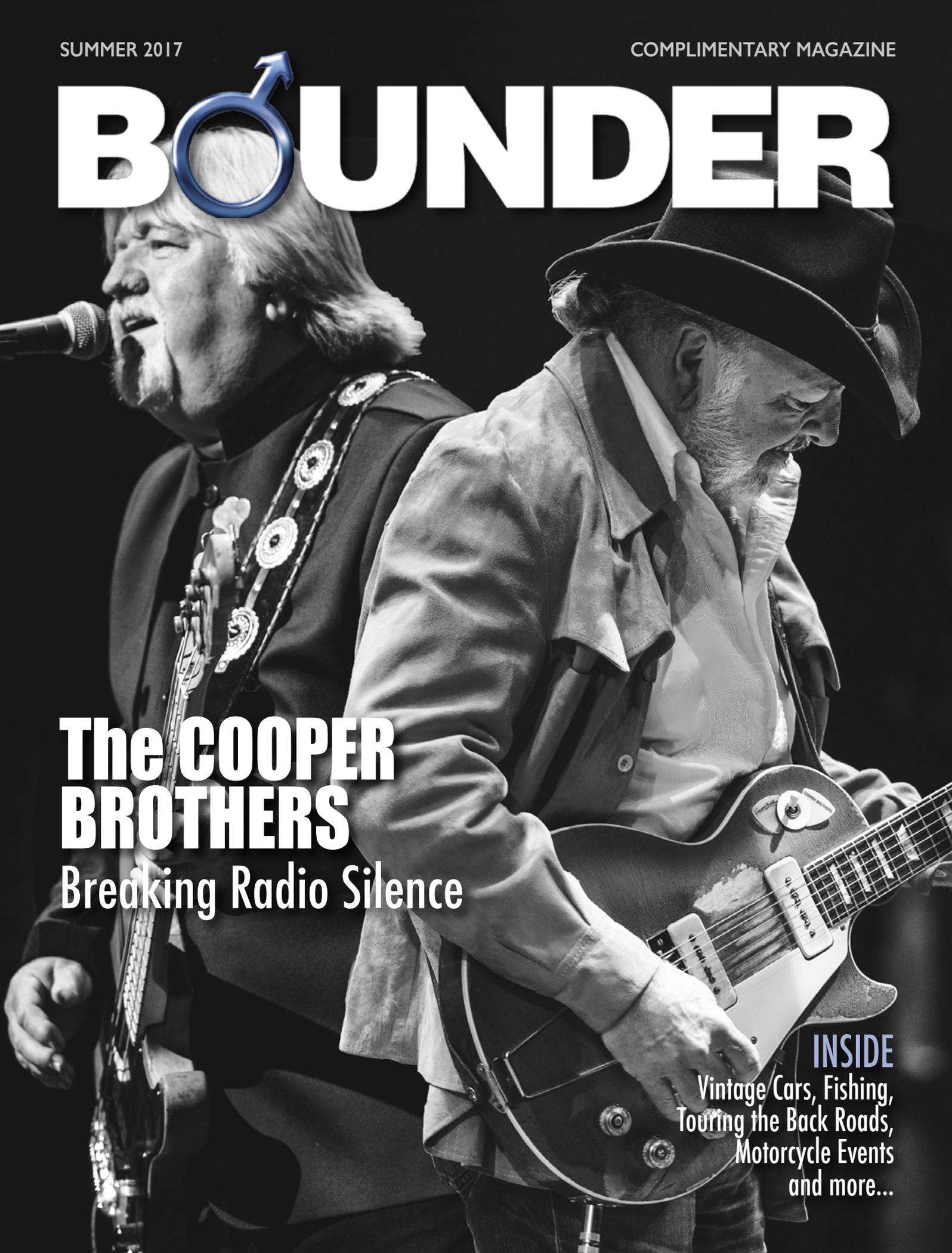


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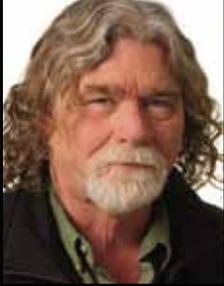
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BRIAN WARREN

HAPPY 150TH

Canada!



Summer is coming. Woohoo. Looking forward to some down time after getting 2 mags out the door. As I'm writing this, I'm getting emails from my buddies. Our weekend trip to Aylen Lake, our annual week in Lake Temagami (35 years), our four-day bike trip into northern Ontario, and celebrating my friend's 60th birthday at Queen Charlotte lodge; fishing salmon and halibut. I must say, its hard to stay focused and finish this edition.

I'm amazed how many events are happening in our nation's capital this year as we celebrate Canada's 150th. I'm looking forward to attending a few, but a lot of the small towns around the valley are also celebrating, and these ones I really look forward to. If you are planning to do some exploring this summer, I think that you will find some great information in this issue of Bounder (and the spring edition) and hope that you get out there and enjoy this great area in which we live and play.

Have a great summer...and watch out for motorcycles. ♂

Special thanks to our Editorial Advisory Board. Their input was invaluable.

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Cover Photo By Sean Sisk

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Bounder Magazine is owned and operated by
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RICHARD BERCUSON

INJURY REHAB: THE SAGA

FOREWORD:

Here's what happens when you don't listen to instructions.



PW/17

CHAPTER 1

There I was, playing a senior version of volleyball with guys over 50 who wore hardware on every joint to keep from crumbling in a heap. The rules were very much adapted. Since no one could really jump, run, or dive, let alone properly set or bump pass a ball, we were expected to stay within a designated square on the floor, determined by gym floor markings. Any ball coming into the square was yours. Don't you dare do otherwise.

I'm a contrarian so I considered my square to have moveable boundaries. Teammates kept yelling at me not to jump, run, or dive. "Just stay in your square!" they snapped. They used other more colourful language. Anyway, believing I could move as I did when disco was in vogue, I frequently vacated my square. Why? There's the ball. Go for it. Till finally, while encroaching on a teammate's square, it happened. I twisted my knee.

Clearly the pain I experienced was nature's way of reminding me to have stayed in my square. Or not play. But I'm also a self-professed trouper so I hobbled to the baseline to take my serve. The support and empathy were touching "You're hurt. Sit down!" and "You seem to be limping badly. Don't play." and "See? You left your square!"

I served one ball and barely managed to make it back into play before announcing I was placing myself on the injury reserve list.

"Make it permanent!" someone shouted.

The next day, I checked in with a local physiotherapist, a specialist on knees and such. There was no serious damage but I did need to strengthen specific muscles to stabilize the joint. He prescribed various weird exercises, first using both legs, then just one.

My training as a runner of stupid distances (or is it stupid runner of stupid distances?) had long ago taught me that conditioning, strength and injury recovery sneak up on you. One day you feel like poo-poo and can't do much; the next day you've elevated your condition to merely normal and can do more, though still not properly.

CHAPTER 2

I join a gym. Most gyms are crowded and smell like underarms because the he-men wearing sleeveless rags advertising the newest protein booster become oblivious to their own stench and it just hangs in the humid air. This place is capacious, a word I capriciously use to show off my capacious vocabulary. It's immaculate, with no noxious odours because there's always a staff member cleaning something. Either that or they're checking on my workouts to later upsell me on personal training programs, offered at the obscene rate of \$55 per 25 mins, or as I think of

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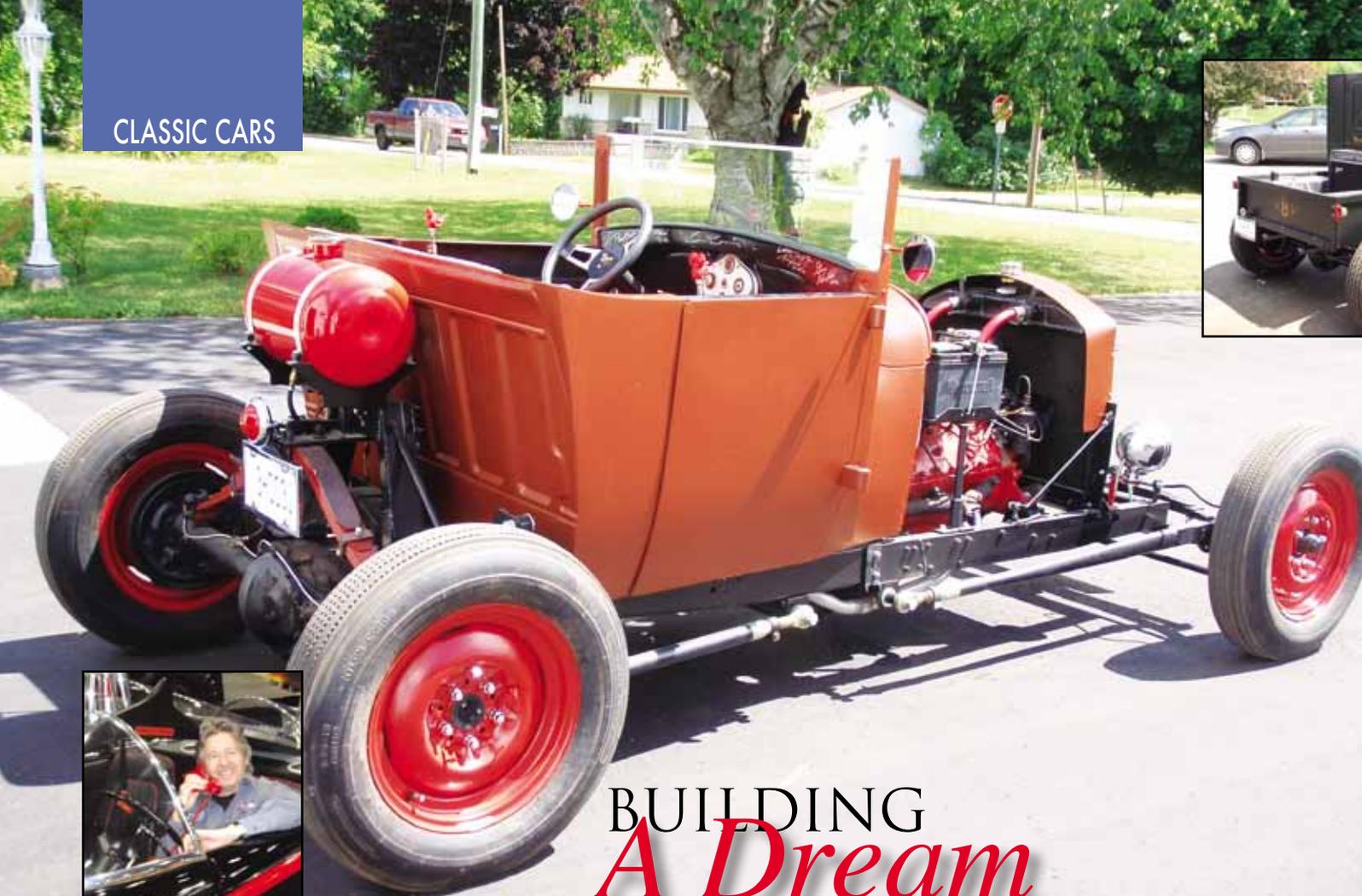
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LARRY WAY

BUILDING *A Dream*



When you are a die-hard car guy with motor oil running through your veins, your roots are the same as most of us car people. We all looked up to the cool guys with their cool hot rods. We read any car magazine we could get our hands on and most of us built model cars. We all remember patiently waiting (or maybe not patiently) to get a driver's license and then of course, our first car. These memories are all in a true car guys past, that is just a given.

In the case of Terry Morrow of Rockland, Ontario, he is no different. His first car was a 1948 Mercury four-door that was flathead powered with several modifications. The first vehicle he built was a 1948 Ford pickup in the mid-1960's.

Terry started his career as a licensed mechanic in his uncle's Morin Height's Quebec shop. In addition to general repairs, they fabricated and built tow trucks, show plows and just about anything else anyone wanted. This was great experience for a young mechanic.

Over the years Terry has built over 50 vehicles, most of which have been modified hot rods, but not all.

About 10 years ago, local Rockland businessman Alain Potvin contacted Terry and asked him to restore a 1923 Ford Model T roadster with a winter conversion kit. In the 1920's, a winter kit was available for Model T vehicles. The kit included metal tracks for the rear wheels and wooden skis to replace the front wheels.

Unfortunately a heater was not offered as part of the



winter kit. This particular car was owned by a Dr. Tweedie and was used by the good Doctor to make house calls in and around Rockland. There was not much

to start with. There was the back half of the cab, some of interior wood (that was rotten) and boxes of parts. After much research and 2 ½ years of work, the '23 T was completed with snow tracks and front skis. This was a major restoration that turned out to be a beautiful restoration. Terry said that this was the most extensive and most difficult vehicle he has ever built.

Terry is a builder and enjoys spending time in his garage working on projects. Several years ago, he was running out of space in his two-car garage and he decided to sell his traditional rod, a 1928 Ford Roadster. Well I liked it and I bought it. Terry also built my 1929 Ford pickup which graced the cover of this magazine a couple of years ago. I was very fortunate to have him build this truck for me as he prefers to work on his own vehicles at his own speed.

His current stable of vehicles include a 1977 Ford flat bed pickup and a 1928 Ford two door rat rod that is Chevy powered. He is in the process of building a 1938 Ford rat rod tow truck. As I stated earlier, Terry is a builder. He rarely drives his builds and does not take them to car shows, his passion is in the garage.

We car people come in different sizes, ages and outlooks, but no matter what, we all have a similar passion. ♂

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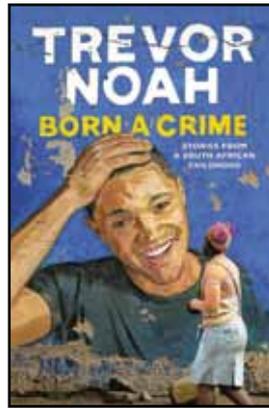
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BILL MACPHERSON



BORN A CRIME—Trevor Noah (Random House)

These are the facts: Trevor Noah, host of The Daily Show, has a book out. It's an autobiography of some sorts. It's been at the top of the best-seller lists for months.

Whoa, hold on here! What the hell? He can't have an autobiography, he's all of 25 years old! His life is just beginning for chrissake....

Actually he's 33, but these were my thoughts prior to reading *Born A Crime*. While I'm no fan of celebrity - its over-emphasized importance in today's society, fawning fans and the inevitable accompanying spin-offs and endorsements - I do like Noah. As Jon Stewart's somewhat surprise replacement on Comedy Central's wildly popular late night news satire he's excellent. He's smart, assured, clever and exceedingly affable.

An autobiography though? Well, as it turns out it's not really that at all, more of a memoir. Subtitled *Stories from a South African Childhood*, it is a surprisingly solid and enjoyable read. I might not be convinced it deserved to sit atop the bestseller lists for months but hey, that's the

power of celebrity. At least it isn't ghostwritten.

There is no denying Noah's childhood and subsequent rise to stardom is pretty unique, and he tells his story really well. Born to a white father and black mother in apartheid South Africa, his birth provides the book's title. It actually was a crime for sexual relations to happen between white and black at that time.

His dad is Swiss German ethnicity, his mother is Xhosa. While he spent some time with his father before he moved back to Switzerland, Noah's mother (and grandmother too) was the dominant influence as he was growing up. Strong, determined and devoutly religious, she bent rules and overcame barriers through the force of her will. The book is dedicated to her, and culminates in a shocking incident that borders on the miraculous also.

Noah writes in a style not unlike his comedian/satirical television host persona. He riffs on his childhood escapades, trying to cope in the twilight of apartheid and the absurdities and hardships it forced. He cracks jokes, proclaims feigned outrage, but is also serious much of the time.

Well aware of his peculiar circumstances, he gets by through wits, guile and a strong sense of self-preservation, determined to make it by hook or by crook. No angel, Noah matter-of-factly tells of childhood misdemeanors and the strangeness of incidents that are hard to fathom without knowing the peculiarities that living under apartheid, and after, required. He tells it well, unstintingly and without malice or overt anger.

For me, *Born A Crime* really picks up in the latter half of the book. Once out of school he's hanging with his friends, pirating music, hosting street raves/parties, verging on minor criminality. His upbringing - his mother's insistence on school, religion, manners and respect - saves him. It is ingrained enough that he avoids

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HEALTH

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it, \$1 per 27 seconds of rest. I haven't signed up. Nevertheless, the place works for me.

CHAPTER 3

It's a co-ed facility which means I see unbelievably fit people of both genders, pretty much all younger. There've been a couple of older chaps, perhaps in their 40s or early 50s, who are chiselled rock. One time, I got to a bench just before a buffed butte sidled up. The floor shook a trifle. He gave me a look and I really really wanted to cave in and let him use it. Instead, I got bold (arrogant), puffed out my chest about two millimetres (inhaled in abject fear), scowled (inwardly cried), and he turned tail (I wasn't worth the punch). This is how close I came to a bludgeoning death by someone with hands the size of a 45 lb. Olympic plate.

CHAPTER 4

So I faithfully do my workouts in hopes that the knees will not only survive but also get stronger. I am constantly distracted by people doing remarkable things, like the young man who leg pressed ten Olympic plates, got up to grab more, and walked almost normally. One fellow has a torturous routine of leg exercises coupled with a little upper body work. I get tired watching him.

AFTERWORD

The first test. I'm in a 50 plus hockey group. At least in hockey you don't need to stay in a square. My first game, I turn, twist, stop, go, and even sprint a bit (sprint is very loosely defined at this age.). Everything functions without pain or aching. My team gets waxed 7-1. Now, only my self-esteem is hurt. What's the rehab exercise for that?

Richard Bercuson is a Brooklin, Ontario, writer who is constantly doing rehab for his injuries. He clearly doesn't get it. ♂

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CANADA 150

HAPPY BIRTHDAY

Canada!



DAVID BROWN



As Canada celebrates its 150th birthday on July 1st, I can't help but recall many of the activities that surrounded the celebration of Canada's 100th birthday in 1967. It was, after all, a really big deal for such a young and developing nation, culminating in an official seven month celebration (April 27 to October 29, 1967) where the rest of the world was invited to party with us at the *Expo 67*

world's fair, in Montreal.

For the event, no expense was spared as then Montreal Mayor Jean Drapeau created and enlarged islands in the St. Lawrence River to house the pavilions of the 62 other nations that agreed to participate in an exposition known as *Man and His World*. Some of you may recall, Canada built the famed large inverted pyramid known as a Katimavik, and entry to the event's pavilions was only permissible with a special Centennial passport.



To organize activities, the federal government created the *Centennial Commission* which was charged with the task of helping organize and fund hundreds of special events throughout Canada to mark the 100th anniversary of confederation. None other than "John Fisher", my wife's uncle, (also known as Mr. Canada), was appointed *Centennial Commissioner*. With his experience as a journalist, folk historian, writer and broadcaster of the CBC program entitled: "John Fisher Reports", where he praised the virtues of Canadians all across this country, Fisher was the perfect man for the job.

Under his leadership, the commission had a special focus on the development and construction of *Expo 67* which could be considered a landmark moment in Canadian history. In fact, Montreal's baseball team, the *Montreal Expos*, were named after the event; that is, until they were unceremoniously moved to Washington D.C. in 2004.

Funding didn't stop with the planning and completion of *Expo 67*, as all levels of government provided funds for the construction of libraries, art galleries, sports centres, theatres, schools, hospitals, and almost anything else you can think of, in communities everywhere in the name of the Centennial celebration. There was the

Centennial train, and caravans criss-crossing the country transporting repositories of historical documents and artifacts for all Canadians to see. As John said at the time: "Suddenly, everyone latched onto the Centennial and had fun, which people said Canadians couldn't do."



A Centennial symbol was created with eleven equilateral triangles representing the ten provinces and the Canadian North, arranged to form a stylized maple leaf. This design is likely the basis upon which the sesquicentennial maple leaf symbol has been styled.

A special *Centennial Medal* was created to honour and recognize the accomplishments of special Canadians. The country's currency was stamped with commemorative markings designed by Alexander Colville. Even though it is now only worth slightly more than its face value, I have some of this money safely tucked away in my safe for my grandchildren to marvel at some day.

Various land marks were renamed in celebration of the Centennial as well, including the Centennial Lake and Black Donald Lake reservoir that was created in 1966 with the construction of the Mountain Chute Generating Station and dam on the Madawaska River. As part of the Madawaska River watershed, the reservoir covers approximately 8,500

continued on page 16



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HAPPY BIRTHDAY

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acres of land. After the watershed was flooded, it also subsumed the abandoned Black Donald Mining settlement and graphite mine that was closed from operation in 1947.

Located within Fisheries Management Zone 15, Centennial Lake is located southeast of the town of Griffith, in Renfrew County. The Madawaska River flows into the lake from the northwest. Today, the stretch of river from Griffith to Centennial Lake is a popular walleye fishing area. Just south a friend's cottage, I am told walleye move from this section of the river toward deeper water in Centennial Lake in the summer.

Other game fish in the lake and river include an abundance of largemouth and smallmouth bass, northern pike, muskie, channel catfish, barbot, brown bullhead, yellow perch and the ever present rock bass. This waterway is also an ideal location for canoeing and kayaking as I always see groups of people launching their canoes in front of the public rest area along Hyland Creek Road, whenever I pass through Griffith in the summer.

For out-of-towners interested in fishing the area, there are a couple of public boat launching sites that can be used near

Griffith. One is on Matawatchan Road at Camel Chute. Another is further along Matawatchan Road at the bridge crossing just before Centennial Lake Road.

Although this year's sesquicentennial celebrations are not quite the scale of those that took place for the Centennial in 1967, a number of year-long celebrations have already completed, and a number will soon be underway. In fact, Ottawa will be a focal point by hosting Canada Day celebrations on Parliament Hill on July 1st, and other major events later in the year.

The city will host the *TD Ottawa Jazz Festival* at the end of June; the *RBC Bluesfest* and the theatrical *La Machine* on the streets of Ottawa in July; the *Canadian Pacific Women's Open* in August; the *105th Grey Cup* in November; *Tim Horton's Roar of the Rings Canadian Curling Trials*; and, the *Scotiabank NHL100 Classic* featuring the Ottawa Senators and the Montreal Canadiens, in December. And, so many more events, all of which cannot be listed here.

For all you out-of-doors enthusiasts, to celebrate Canada's 150th anniversary, all of our national parks and marine conservation areas are free to visit and explore this year with a Parks Canada Discovery Pass. You can use that same pass to travel free of charge through the many locks on the Rideau Canal, and the Trent-Severn Waterway this summer as well.

Concurrent celebrations to honour the 150th year of the creation of the Province of Ontario include the second *Ontario Family Fishing Event*, where Canadian residents can fish Ontario waters without an otherwise mandatory fishing version outdoors card, corresponds with Canada Day celebrations by happening from July 1-9 this year.

As John Fisher might say if he were alive today: "Don't be shy, put on your dancing shoes and get on out there to celebrate Canada's 150th Birthday, in style!" ♂

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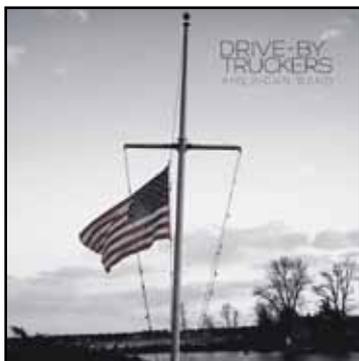
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MUSIC REVIEW



BILL MACPHERSON



DRIVE-BY TRUCKERS -*American Band*

(ATO Records)

Even though I've never bought an album by these guys they've always been rattling around in my head. I've plucked gems like *My Sweet Annette*, *Hell No I Ain't Happy*, *The Deeper In* and *Two Daughters and a Beautiful Wife* as downloads over the years, loving their sound but never giving their many fine albums a complete listen until recently.

So when a friend whose musical tastes I admire and respect suggested *American Band* for a Bounder review I figured, Hell yes, I'm so happy! (little play on words

there) This is way overdue. He was bang on the money.

American Band is the Drive-By Truckers 11th studio album. National Public Radio raves its their best album to date. Slate magazine calls it "their best release in a decade" while The Independent, a British (now online only) newspaper, lauds it as "one of the year's best". Given their excellent track record, that's high praise indeed.

The band hails from Alabama originally, now mostly based in Athens, Georgia. In the early going they were constantly fighting the "Southern rock" label they were getting affixed with. They've also had numerous personnel changes over the years - a shifting, sometime amenable, sometimes not, revolving door of players - but the two principal songwriters go way back.

Patterson Hood and Mike Cooley have been the mainstays of DBT (as their fans know them) since they put together a predecessor band in the early 1990's. On *American Band* they do all the songwriting and their differing approaches musically are apparent. Cooley's songs are more raucous with one exception; Hood's are generally softer with more alt country influences present. They have had the same band mates for three plus years though. That continuity and familiarity is a contributing factor to the strength of this fine album.

While they have always been politically and socially

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conscious - fearlessly singing about domestic violence, incest, murder, poverty and injustice for years - they up the ante here. Consistently crafting songs that are very listenable, they tackle head on the plague of gun violence and inherent social inequality in over half the songs here. When you read the lyrics while listening, *American Band* is an astute, anguished, powerful indictment of the state of America in the early 21st century.

It took time to appreciate how good this album is but repeated listens leave me completely in agreement with the many positive reviews it has gathered.

Ramon Casiano rocks like Neil Young & Crazy Horse in their *Zuma* days. It tells the little-known story of the 1930's murder of 15-year-old Casiano by gun rights advocate and former NRA leader Harlon Carter. He was, not surprisingly, acquitted.

Darkened Flags On The Cusp of Dawn is a portent of things to come, a rallying cry anthem with some withering guitar penned by Hood, while *Surrender Under Protest* by Cooley echoes The Clash at that band's stridently angry, condemning best.

Filthy and Fried channels early Uncle Tupelo with its ringing guitars and hints of bleak societal decline. Both *Guns of Upqua* and *Sun Don't Shine* by Hood are more reflective, nearly melancholic in the case of the latter. They speak to his state of mind following a move across the country to relocate in Portland, Oregon.

Guns of Upqua brilliantly intersperses his joy in his new home with a school shooting at a nearby college that occurred shortly after he arrived. The images of the everyday pleasures of life - hiking, family and friends - contrast brutally with the chaos and terror of the classrooms.

The Skynard classic *What's Your Name* is modernized in Cooley's *Kinky Hypocrite*. It's pretty much a steal, rhythmically the same with

continued on page 57

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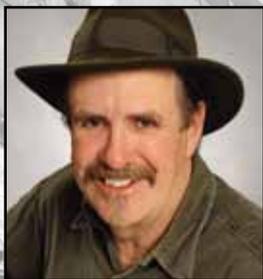


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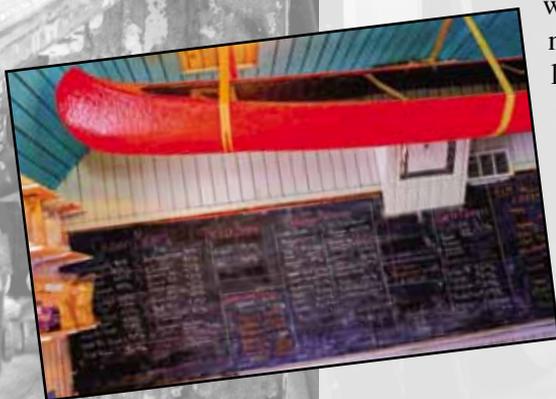
"It is our vintage edition! So, go write something vintage" ordered my editor. Now what would that be? The other lads can elucidate to no end on vintage cars, bikes, boats and booze but what can I pontificate on?

Suspecting that "Vintage Hardware" would be a subject not extensively covered, I chose that field of study, thus changing our meandering tour into a mission. I vaguely remembered a barn full of the neat stuff from the 19th century (made from real wood/metal and designed not only to work but to last). As I recalled; it was located somewhere south/west of Ottawa and possibly near Athens or Charleston Lake. So away we went on our search of discovery.

The road to Athens (a 19th century, centre of learning), started in Smiths Falls at the **COUNTRY DINER** (for breakfast) then a quick ride down Hwy. 29 to the mighty megalopolis of Athens. It is blessed with a grandiose front street, (mirroring our mercantile past), complete with murals, imposing brick post office and adjacent town hall. It is also the home of **LUKE'S**

BAKERY for the best coffee and pastries this side of southern France. A quick slide down the hill on County Road 5 (turn at **BLANCHARD'S GARAGE**) led us towards Mallorytown (site of Canada's first glass-works) then across a fertile valley and back into the granite ridged hill country.

While drifting around a corner, drinking a coffee, eating a pastry and watching the great scenery; I spotted a sign for Balleycanoe Road and screamed (to my fear frozen friend) "Eureka – that's it". I had been searching for **BALLEYCANOE CO.** purveyors of "19th century Rural Architectural Salvage" (AKA Neat stuff Vs Wallemart stuff). Now who knew that the Balleycanoe Co. was not on Balleycanoe road but lucky for us the Balleycanoe Road led us along a spectacular ridge and then down a steep escarpment to 150 Rockfield Road. Within mere hours (or so) we had rediscovered that barn full of treasures (OK the gallery is in the quaint tin roofed house but I liked the barn full of possibilities that just reeked of history). I even bought some door hardware for a new screen door that I will install someday. We spent a lot of time reveling in these mementos from our past and dreaming of resurrecting them in our own time and space. Of course, the real treasure were Molly, John and Penny; who





WENDY'S COUNTRY MARKET

guided us through our dreams, plans and hopes to actualization and who inhabited this fairytale garden.

Continuing our circuit of Charleston Lake, we wandered further down Rockfield Road to Cty. Rd. 4 then Cty. Rd. 3 towards Lyndhurst (Originally Furnace Falls, site of Upper Canada's first foundry and their great stone bridge). The land was gently rolling with islands of glacier smoothed rock protruding out of a sea of green. At the intersection on Cty. Rd 33 we turned left and spotted a sign (from above?) and mounted Briar Hill Road towards Morton, discovering **WENDY'S COUNTRY MARKET** (we just followed the signs to and into the middle of ... no-where).

Wendy's is a for real, local food emporium and a huge force, for the back to local food movement. She is part of a 6th generational farm family, who turned an 1860's school house (that generations of her family attended) into a mecca of real food and community. She advised us that "To get to the future you have to look to the past". Loaded up with cheese, sausage, tomatoes, baked goods and inspiration; we finally had to get going. Unfortunately, a short distance had been on that bane of our motorcycle colleges life; a dirt road. (Bikers take the Turk Rock Road for less dirt)

continued on page 36



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LARRY DELANEY



PAUL ANKA - DOING IT HIS WAY

Surprisingly, the Ottawa Valley-bred songwriter who has had the most success with his songs recorded by Nashville stars is not himself recognized as a “country” artist. **Paul Anka** (born July 30, 1941 in Ottawa) is internationally renowned for his Pop hits (*Diana, My Way, Put Your Head on My Shoulder*, etc.), but Nashville artists have long dipped into the Anka song catalog to record his songs and turn them in Country chart hits. Elvis Presley had a #2 *Billboard Country Chart* hit in 1978 with his version of “*My Way*”, a song that has also been recorded by Nashville artists Don Gibson, Glen Campbell, Johnny Rodriguez, Eddy Arnold, Roy Drusky, Willie Nelson, Brenda Lee, Collin Raye, as well as by Canadian country stars Hank Snow and Ray Griff.

Country female artist Sunday Sharpe enjoyed back-to-back chart hits in 1974-75 with the Paul Anka songs *I’m Having Your Baby* and *Put Your Head on My Shoulder*, the latter also recorded by Nashville’s Joe Stampley, who also recorded the Anka song *She’s A Lady*. Donna Fargo had a #2 Country hit in 1978 with the Anka-penned song *Do I Love You*, which was later covered by Dolly Parton; and Diana Trask scored a chart hit in 1975 with the Anka song *There Has to Be a Loser*. Other Nashville artists to record a Paul Anka song included the duo

MOLLY-ANN LEIKIN

In recent issues of **BOUNDER** this *Country Roots* column has provided a retrospective on the artists and industry builders who played a key role in establishing the Ottawa Valley as a hotbed for country music in Canada. Through the years recording artists like Orval Prophet, Bob King, Family Brown, Terry Carisse, Ralph Carlson, Neville Wells, Charlie Major and others have all enjoyed success on Canada’s country hit charts. Perhaps less heralded is the fact that the Ottawa Valley has also produced its share of songwriters who have had their compositions recorded by Nashville’s country stars, many of which earned spots on the coveted *Billboard Country Hit Charts* in the USA.

Jim Ed Brown & Helen Cornelius, Billy Crash Craddock, and Mary K. Miller.

Perhaps the most oft-recorded of Paul Anka's songs by Nashville artists was his tune *It Doesn't Matter Anymore*, which first gained popularity as the latest release by country/rocker Buddy Holly at the time of his death in the fatal plane crash (Feb. 3, 1959) that shook the music world. The song has since been a Country chart hit for Linda Ronstadt (1975) and R.C. Bannon (1978) and also recorded through the years by Nashville stars Suzy Bogguss, Waylon Jennings, Vince Gill, Jacky Ward, Johnny Carver, Sonny James, Wanda Jackson, Skeeter Davis and Don McLean.

In 1975 country crooner Ray Price scored a Top 10 Country Chart hit with the song *I've Been There Before*, with the composer of the song credited to T.H. Kidd. In fact, the T.H. Kidd moniker was one of several pseudonyms used by Paul Anka during his early songwriting years...also using the names Eddy Andrews and Dee Marak (the latter name spelled backwards to read Karam), an apparent tribute to one of Paul Anka's uncles).

In 1966 Paul Anka recorded his own country album for RCA Victor, appropriately titled *Strictly Nashville*.

MOLLY-ANN LEIKIN - THE MYSTERY LADY

Molly-Ann Leikin is perhaps someone who has flown under the radar when it comes to being recognized in her hometown. The Ottawa-born (Oct.11,1948) songwriter moved to Los Angeles shortly after graduating from Fisher Park High School; and soon made her mark in L.A. with her songs recorded by Pop artists The Carpenters, John Travolta, Billy Preston, Cher, etc. Leikin's songs were also being picked-up by Nashville recording stars with several of them making the Country Hit Charts including

Silver Wings and Golden Rings a #20 hit for Billie Jo Spears in 1975. Spears also recorded the Leikin-penned tunes *Like a Sunflower* and *Look Who's Man You Are*. Barbara Fairchild had a #22 chart hit in 1977 with the Leikin song *Let Me Love You Once Before You Go*, a song that was also cut by Rex Allen Jr. Nashville singer Susie Allanson scored a Top 10 hit in 1979 with the Molly-Ann Leikin song *Two Steps Forward and Three Steps Back*, and then followed up in 1980 with a Top 20 Country hit on the Leikin-written song, *Dance the Two Step*. Other country artists recording Molly-Ann Leikin's songs included Dottie West, Randy Cornor, Con Hunley, Jody Miller, and Anne Murray.



BARRY BROWN

he was raised in the Ottawa Valley and more than meets the criteria for inclusion in this retrospective of songwriting accomplishments by Ottawa Valley composers. Noted most for writing songs recorded by Canadian artists such as Family Brown, Carroll Baker, Gary Buck, Orval Prophet, Johnny Reid, Charlie Major and dozens more; Barry Brown has also seen his songs reach

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BARRY BROWN- THE SONG CRAFTER

Barry Brown, of the famed Ottawa-based country group *Family Brown* may have been born in Owen Sound, Ontario, (Dec. 17, 1951) but

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MARK PAPOUSEK

THE Veranda



LEFT: MIKE FACEMIRE & MARK PAPOUSEK

There are lots of places in the world that one likes to go to; to have a meeting, a nice conversation or perhaps to share a glass of wine with a friend or a lover.

My wife Bev and I spend our winters in Florida renting a nice single family home in a golf course community and we absolutely love it for many reasons, but mainly because we don't have to put up with the Ottawa Valley harsh winters. As is the norm in Florida, we have a screened-in lanai or room in the back of the house which protects us from the rain and bugs. The only problem is, it faces the west and with the afternoon sun, it is way too hot to sit comfortably. Before we arrived last fall, our owner and a couple of his buddies down on a golf trip decided to move

some of the furniture from the lanai to the front of the house and take advantage of the double garage space that has never seen a car. This was the perfect set up to enable us to look at the world from that vantage point most evenings and rainy days. We even fancied it up with carpet and end tables to make things convenient and comfortable for us and our daily visitors that stopped by.

Bev and I would sit any time of the day with a good book or an iPad and then, of course, at 4 o'clock Happy Hour would begin with a nice glass of white wine, or a caesar, or a cold beer. Aw, the life!

To be quite honest, there really wasn't much to see from the back of the house except for the barbecue and a hedge, but in the Veranda we could watch traffic go by and take advantage of the nature that presented itself each day. Our neighbors quickly became very familiar and comfortable with our setup and often stopped by for a chat and a glass or two of something or other! Also, there were the local sand-cranes that walked by on the road looking for a feed and the little geckos were everywhere.

Across the street from our home is the 17th hole of the golf course and I have to tell you there is an abundance of wild life in our little viewing area. Across the fairway is a large pond with an island and a lot of tall trees on it. You could almost set your watch every evening for just about a half hour before dark about 150 black Cormorants (yep the same kind as in Lake Ontario) arrive to roost for the night in the upper branches of the trees. It is really cool to see two, three and sometimes six at a time come soaring over the house and turn into the wind to make their landing onto one of the flimsy branches. The really amusing thing about this is maybe twice a week after they all get settled in their night quarters



a beautiful Bald Eagle will make an appearance and land on the top of the highest tree. The Cormorants, intimidated by the eagle, take flight and circle the pond and trees until he leaves the area and then the whole process of landing in the trees starts all over again.

Occasionally, I walk across the fairway and cast a rubber worm or lure in the pond looking for a large-mouth bass or two. There are a lot of bass and carp in these golf course ponds, so of course that would attract other predators to the area and, yes, we have our resident alligators that move around from pond to pond, some of these ugly creatures are 8 or 9 feet in length. You may recall a video that went viral (<http://on.wtsp.com/2mguW1X>); it was taken by one of the local golfers from the golf course in our community. It was one of the bigger gators with a huge carp in his mouth walking from one pond to another.

Oh yes, getting back to the beginnings of the “Veranda”! After seeing the garage door open a few days in a row, our next-door neighbour, Mike Facemire, decided since we were having a glass of wine, he should grab a beer and wander over to introduce himself. Maybe the 2nd time this happened, Mike poked his head around the corner of the house and asked, “is the Veranda open” and from that day forward, the

continued on page 33

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the *Billboard Country Charts* in the USA. Four of his songs recorded by Family Brown (*But It's Cheating / Some Never Stand a Chance / Repeat After Me / What If It's Right*), earned spots on the *Billboard* charts during the mid-1980's, and Nashville artist Rosemary Sharp had a chart entry in 1987 with the Barry Brown song *Didn't You Go and Leave Me*. Other Nashville artists recording his songs included George Hamilton IV and Billy Parker; while his country/gospel classic *Carpenter of Wood* has been covered by American bluegrass groups The Bluegrass Cardinals and Brush Arbor.

...AND THE LIST GOES ON

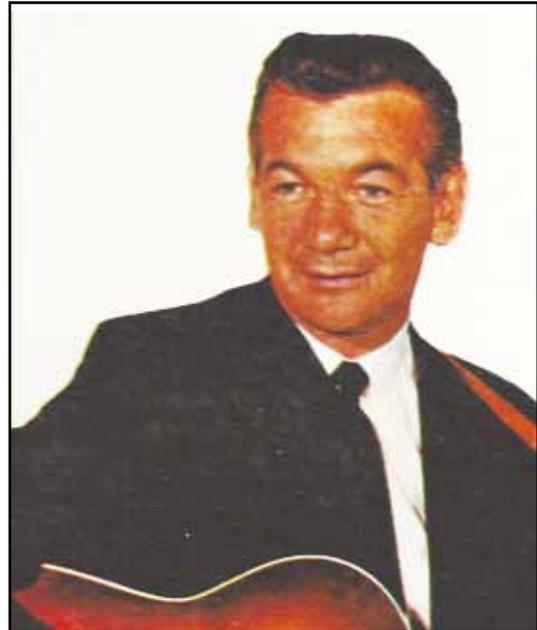
Long-time West Coast-based folk/country singer **Valdy** was born in Ottawa, (Sept.1,1945). As a songwriter he often uses his birth name Valdemar Horsdal, and one of his more recognized cuts by a Nashville artist came with Henson (*Skip A Rope*) Cargill's recording of *Leaving Ain't The Only Way to Go*.

Charlie Major was born in Aylmer, Quebec (Dec. 31, 1954) and certainly qualifies as an Ottawa Valley product. Major has enjoyed a hit-filled career on the Canadian country scene; but in Nashville is perhaps best known for writing Ricky Van Shelton's 1992 chart-topping hit, *Backroads*.

Greg Hanna, from Finch, Ontario saw his songwrit-

ing credits soar in 2003 when his song *Miss What's Her Name* was recorded by Nashville star Sammy Kershaw.

Ottawa-bred entertainer-extraordinaire **Wayne Rostad** has had his share of songs recorded by Canadian country artists, but it was a songwriting collaboration with the late A. Frank Willis on their country ballad *Take Me As I Am*, that earned him special recognition in Nashville circles when it was recorded by Bill Nash.



MICKEY MCGIVERN

Pembroke-born (Dec. 13,1931) **Mickey McGivern** holds a special spot in this feature, having penned the song *Down On a Corner at A Bar Named Kelly's*, which was recorded by Nashville star Johnny Paycheck, and also cut by Dick Curless. More recently, another Pembroke-born singer/songwriter, **Jason (McEwen) Blaine** (Apr.19,1980) has had his compositions recorded in Nashville by newcomers Willie Mack, Kris Gordon, Greg Shirley, The Erwins, and Darren Kozelsky.

Hawkesbury-born legend **Hank "Rivers" Lariviere** (1917-1996) was long a staple on the Ottawa Valley music scene and has seen his song *Maple Sugar Sweetheart* (with his lyrics put to the Ward Allen fiddle classic *Maple Sugar*) recorded by Mac Wiseman, Doc Williams and Ramblin' Lou Shiver. Hank's brother, **Rudy "Rivers"**

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Lariviere (1922-2002) was also a gifted songwriter and had his song *Pushed In A Corner*, turned into a Top 10 hit on *The Billboard Country Charts* by Ernest Ashworth in 1964.

Hit songwriter **Terry Carisse** (1942-2005) had his song *Your Eyes Don't Lie To Me* recorded by Whisperin' Bill Anderson, while Charlie Louvin cut a version of *Silver Dish Cafe* a song Carisse-co-wrote with fellow-Ottawa songwriter Bruce Rawlins (1940-1987).

Ottawa-born Folk/Pop artist **Bruce Cockburn** (May 27, 1945) had his song *Together Alone* recorded as a duet by Nashville's Nat Stuckey and Connie Smith, and also covered by George Hamilton IV as well as an instrumental version by Chet Atkins. George Hamilton IV also cut the Cockburn tune *Goin' Down the Road* and just recently American bluegrass singer Claire Lynch recorded the Cockburn song *All the Diamonds in The World*.

Ottawa's **Richard Cooper**, of the famed Ottawa-based rock band *The Cooper Brothers*, makes this list by having his song *The Dream Never Dies*, recorded by Bill Anderson (a #40 *Billboard Country Chart* hit in 1979) and later covered by Juice Newton.

Readers of **BOUNDER** are familiar with the multi-talented **Mike O'Reilly** (check to see what *Delmer & Cecil* are up to elsewhere in this issue). While Mike was born in England, and raised in Nova Scotia, it wasn't until he moved to the Ottawa Valley that he pursued his music career in earnest...and has since become a true legend on the Canadian bluegrass music scene. His talents as a songwriter however go beyond our borders with his songs recorded by the Who's Who of bluegrass music Stateside, including songs recorded by Del McCoury, The Country Gentlemen, Lost & Found, Dan Paisley, Jr. Sisk and Rhonda Vincent, among many others. ♂

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JUNE 3-4

Cow Paddy Boys 13th Annual Poker Run \$15/hand, registration 9:00-10:30, Bridgeview Restaurant, Hwy 2, Johnstown, camping available, live band, food and beverages available

JUNE 10

The Celtic Brotherhood Awareness Ride for Brain Injury Start: BA Machine Motorcycle, 7174 Bank Street End: Greely Legion - 8021 Mitch Owens Registration at 8:00 - kickstands up at 10, Bike Rodeo, BBQ, Entertainment \$20 bike/\$5 passenger Further info email: awarenessride.ca@gmail.com

JUNE 23-25

5th Annual Wildman's Rodeo and Stomp 12725 Barkley Road, South Dundas Games: Friday at 7 pm. Rodeo: Saturday at 2 pm. All attendees may pitch a tent. Trailer and RV camping by special arrangement. Tickets: \$30 E-mail trailer/RV camp request at wildmansrodeo@gmail.com. <http://www.wildmans.ca/>

JUNE 24

Shriners Ride & Poker Run Starts 9am-10am from 2140 Walkley Rd For info go to www.tunis179.org

JUNE 25

Merrickville Motorcycle Show Proudly presented by Moncion Your Independent Grocer and Bounder Magazine SPECIAL GUESTS SPEED TRIX BIKE BUILDERS, Steve and Mike Ste Andre D'Argenteuil, Quebec KOWALTY ONE RACING INC., Dyno Machine 10:00 am to 5:00 pm - Free Admission BBQ, Live Entertainment Vendors www.mvmcshow.com

JUNE 28

2015 Bikers Against Brain Cancer Ride Cornwall. More details to come, so check out their facebook page: www.facebook.com/BikersAgainstBrainCancer

JULY 8

Rideau Thunder Motorcycle Show 10:00am - 5:00am Lockwood Field, Wespport

Arena Get details and more info at: www.rideauthunder.ca

JULY 8

Ride for Autism Brown's Independent Grocers, Stittsville Check website for info: www.motorcycliderideforautism.com

JULY 14-16

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JULY 15

Annual Canadian Vintage Motorcycle Group Rally - Ottawa Sector Oxford Mills (near Kemptville) 9:30 a.m. start. Admission \$5.00 (Includes charitable donation - proceeds go to Camp Quality for children with cancer). Motorcycle exhibitors free (motorcycles 15+ years); accompanied children under 12 admitted free; and Vendors and Swap Meet Participants free.

JULY 15

Prescott Russel Motorcycle Poker Run Registration is from 8:00am to 9:00am, take off at 9:00am Location: Speedy Autoglass Rockland (2770 Chamberland St) Food, Band and Prizes

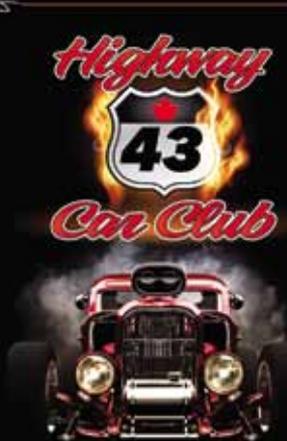
Every one is welcome - after 12:30pm have a chance to win a Harley! More info on the website: <http://prmpr.ca/>

JULY 29

2nd Annual SD&G Hwy 43 Memorial Ride Morrisburg, Ont. Operation Leave the Streets Behind (Royal Canadian Legion Initiative) donations to "Homeless Veterans Assistance Fund". Help Us Help our Vets Help Themselves. All riders are welcome to the ride and the \$20 registration/per rider and \$10 per passenger includes a poker run and complimentary snacks along the route. Breakfast and the barbeque at the end of the ride are provided by the Royal Canadian Legion Branches for a minimal fee. The ride starts at The Royal Canadian Legion Branch in Iroquois and follows the Stormont, Dundas & Glengarry Highway 43 from Kemptville to Alexandria, stopping at several Royal Canadian Legion Branches for presentations. It concludes at The Royal Canadian Legion Branch in Morrisburg, with a barbeque, announcement of the poker run prizes and distribution of door prizes. All proceeds of the ride including all cash donations go directly to the 'Homeless Veterans Assistance Fund'. More info at: <http://www.sicilyunit.ca/events.html>

JULY 29

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A quick and easy recipe.

INGREDIENTS FOR 4

2 cups of left over pasta, or fresh cooked and cooled spaghetti noodles
½ cup of mozzarella cheese
½ cup of parmigiano cheese
Fresh parsley
Fresh basil
1 egg, lightly beaten
1 cup of panko bread crumbs
Vegetable oil for frying
Salt and pepper to taste



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DIRECTIONS

Heat oil (at least 2 inches deep) to 375 degrees F.

Chop spaghetti so it is not too long, about two inches in length.

Combine all the ingredients, except panko breadcrumbs, into a large bowl and use your hands to mix.

Use an ice cream scoop to scoop out a portion of spaghetti, and press against the side of the bowl to cut off any straggling noodles. Put the scooped portion in your hand, roll into ball and press tightly to secure. Roll in panko breadcrumbs

Gently place in hot oil and let cook until golden brown on all sides. Use a slotted spoon to remove and drain on a paper towel lined plate. Don't over crowd your fryer, only do 3 to 4 balls at a time.

Serve hot with rose, sauce, tomato, sauce, meat sauce, or sauce of your choice, and a sprinkle of fresh parmigiano. ♂

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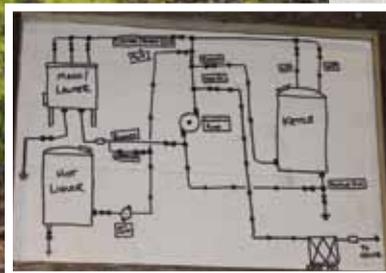
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JEFF O'REILLY



THERE'S BEER IN THEM THERE HILLS!

Calabogie Brewing Co. is an

Ottawa Valley gem worth discovering.

I find I am reflective during an hour-long scenic trek from downtown Ottawa through the Upper Ottawa Valley and the Township of Greater Madawaska. Passing serene lakes and post-card perfect vistas while driving along gently winding Route 508 I am realizing that maybe I've been a little too much "nose to the grindstone" lately and that a nice quiet relaxing daytrip is just what the doctor ordered. After a long (maybe too long?) cold and dark winter perfectly sunny spring day seeing the return of green grass and chirping birds while feeling warm sunlight and a fresh sweet breeze on my face I have a sturdy grin planted squarely on my face – for I am on my way to a happy place - Calabogie.

I have fond memories of my first visit to the town as my Grandparents Leo & Ellen O'Reilly were celebrating their 40th Anniversary with a big dinner at the Whippletree Shanty way back in 1977. Leo was the mortician in nearby Eganville and my dad was one of his eleven kids, so once you added in friends and us grandkids it was a loud and grand affair. I remember everything being "super fancy" as an eleven year old. We were all dressed up and the room was huge and the ambience was fantastic, from the slightly dim lighting and lively background music fading in and out behind cackles of laughter and boisterous conversations to the perfectly folded crisp white linens and my first ever garnished cocktail – a bright and very sweet Shirley Temple – I am sure this day was one of the first stepping stones that led me into the career in hospitality that I still embrace almost forty years later.

Two summers ago I had a really great day visiting the Calabogie Brewery for the first time. After an enjoyable round of "Where-Did-My-Ball-Go?" on the sprawling rugged Calabogie Highlands Golf Course I was given a brewery tour with Head Brewer Jamie Maxwell and then across the road for a superb dinner at the Redneck Café. It was a great day and I needed to come back to finally write a story about the brewery and their fantastic line up of tasty beers.

Originally from Ottawa, Maxwell grew up just outside of Boston, Massachusetts and would later find himself waiting tables at the Union Station Brewery in Providence Rhode Island – eventually helping out around the brewery and becoming an assistant brewer and then head brewer there. He then moved on to working at John Harvard's Brew House for a year then off to Vermont where a couple years of being a "ski bum" landed him a job at the well-respected Harpoon Brewery (established in 1986!) Getting to see and work in nearly every aspect of the brewery and production, from quality control to driving a fork lift Maxwell was hands-on and grateful for his time here. A fortuitous arranged meeting at a networking event in Vermont with Mike Wagner would bring Maxwell back home to Canada. Wagner, a respected industry veteran and one of Muskoka Cottage Breweries very first reps, wanted to make the most of his knowledge and love of beer and open a brewery in Calabogie. A friendly call from Maxwell's mother pointed Wagner in the direction of his head brewer and the rest, as they say, is history.

Calabogie's broad line-up of beer is impressive for such a young brewery, and like their distinctive brightly coloured cans and black grain silo logo and tap handles (*look for a 12 foot tall version of the silo pouring beer at the Ottawa Craft Beer Festival and other fun summer events) these beers are truly epic and must be experienced to be fully appreciated. Many of the beers names draw inspiration from the history and geography of area – like The Black Donald Stout, Grassy Bay Saison, K&P 1883 English Ale, Bogie American IPA, Double Bogie Imperial IPA (must have been watching my golf game when naming this one) and Whistling Paddy Wheat Beer – and are great tributes to





THE VERANDA

continued from page 25

name stuck! Originally from West Virginia, Mike has lived in Florida for nearly 60 years of his life and about 42 of those years in New Port Richey. Mike has had many life experiences, U.S. Military, owner of a Land Title office, just to name a few, but for the past 35 years he has been in the sign business. However, not just any signs! He specializes in “Gold Leaf” signs and I can tell you these are the Cadillac of the business (goldleafletters.com). Mike has created some of the coolest signs featuring gold leaf lettering and

they stand out for any business they represent as professional and eye catching, as well as affordable. I had a chance to tour Mike’s facility and I was extremely impressed.

About a month after we opened the “Veranda”, Mike brought over a gift for Bev and I. It was a Gold leaf sign for our new hotspot in the neighbourhood. Many great stories have already been told, debates discussed and U.S. to Canada geography explained during our wonderful evenings on the Veranda. One of our fondest “aww story” was when Mike told us how he and his son-in-law always called each other “dude”. When Mike’s daughter Christy and son-in-law had a couple

of children of their own, it was only natural that Mike would be called “Grand-Dude” rather than Grandpa. Mike, like many others in Florida, is a huge Donald Trump supporter and the man can do nothing wrong. I am not sure how this whole Trump thing is going to play out, but I am already looking forward to his comments and thoughts next year.

There is no doubt that our “Veranda” has become a wonderful meeting place for Bev and I, along with our new-found friends and of course the wildlife and exotic birds that we see every day from our vantage point. It may only be for a few months a year but they are memories that will last a life time! ☺



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TRUE BREW continued from page 32

the heritage of the region. Let's look at a couple of their beers available for purchase at the brewery.

Front Porch Kölsch -Style Ale 4.7% ABV 32 IBUs (also available in select LCBO and grocery stores) is a nice example of a very approachable "lagered ale" beer style originally from the Cologne region In Germany that is seeing a huge emergence in popularity lately. Front Porch pours a solid clear brass with a rocky white cap that disappears after a short visit. Light cereal grains, straw and apple aromas pleasantly invite more investigation while clean tastes of white bread, McIntosh



apples, lemon and sweet wet grass allow simple enjoyment with minimal distraction. Light bodied with moderate carbonation and hop bitterness, and a soft agreeable finish, this thirst quenching brew may make a lot of friends on the front porch of your cottage, but I believe it would be even more popular on the back deck served with BBQ Chicken thighs, corn-on-the-cob and potato salad.

Highlander: Nut Brown Ale 6.0% ABV 23 IBUs There is a lot to like about this beer with its firm walnut body and fuchsia hues under a fat frothy mocha foam head, it is a really great example of a classic British pub favourite style. The nose quickly detects pronounced semi-sweet dark chocolate and medium roasted coffee notes up front with a bit of biscuit, toasted nuts,

light caramel and damp wood hiding behind. The tastes have been revealed through the nose as the chocolate flavours here are slightly dry and bitter, the roast coffee notes are thoughtful and refined with toasty caramel and nut nicely finishing thing off. Medium bodied and very smooth with a subdued carbonation, modest bitterness and finish, with a tiny bit of aftertaste this beer would be perfect with Pork loin, burgers, and steak seeing sweet caramel and chocolate flavours perfectly contrast charred meats helping everything taste that much bigger and bolder.



The White Room Belgian IPA 5.1% ABV 35 IBUs shows up a hazy honeyed gold with an inch of tight snow white bubbles that holds longer than expected. The aromatics on this beer are just fantastic – big beautiful mango and pineapple from the hops (Mosaic and Citra – two of my faves!) with some banana esters from the Belgian

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What's Been Happening



1



2



3



4



5

- 1) I attended the Annual Ride For Dad Launch at Big Rig. Pictured is founders Gary Janz and Byron Smith.
- 2) Another great dinner and fundraiser for Ducks Unlimited. Man, you can't beat their food. Blake Corbin did a great job as their auctioneer!
- 3) On April fourth MUSICWORKS in Almonte hosted a fundraiser for 8 year old Nathan Wattie who was diagnosed with leukaemia. Special thanks to Equator, Crooked Mile Brewing and Patrice's!
- 4) Dan Champagne, and myself headed to Grand Cayman again to do a little deep sea fishing with our buddy Paul Patterson. This is his boat that we spent time on. Thanks goodness its designed for big water as we experienced 10 foot waves one day.
- 5) Hard to believe, but Wheelsport turns 45 this year. Pictured is founder Fred Kolman, sitting with one of his vintage bikes that is on display at their dealership in Orleans.

SWITZERLAND

continued from page 21

So we scampered quickly down the Fortune Line Road to Morton and HWY. 15.

HWY. 15 is OK (but not idealistic) so we jumped off at the Chaffey's Lock Road to inspect the newly renovated **OPINICON RESORT**. Now Chaffey's Lock is "pure gold" and well worth any visit but after an enjoyable "walk about" around this historical setting, we discovered a driver's dream road. Cty. Rd. 10 (that continues towards Westport), not only twists and turns, it also dips, climbs and turns back onto itself and all on tarmac for better traction. Around we went, up and down, marveling at the crowded, tree shrouded dells and rock strewn hills. The wind whistled, the tunes blared and the tires rumbled, until passing Bedford Mills we spotted a sign



OPINICON RESORT

for "A shortcut to Kilborn's" (AKA Newboro). The road is called the Hutchings Road and we continued our marvelous ride, until we hit the not too shabby Cty. Rd. 42.

As usual, time was against us. We could have backtracked to **THE**

COVE (Westport) for a refreshing beverage on their deck or wander down some other roads, say to Perth. Instead our lives called us back to HWY. 15, Smiths Falls and home, planning more tours around these vintage back roads. ☺

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BOOK REVIEW

continued from page 12

a similar fate that befalls so many of South Africa's black youth to this day. Unemployment, petty or serious crime and endemic violence surround and engulf them.

This well-written account of Noah's journey to manhood is informative, engrossingly pleasurable and easy to read. It is a fascinating first hand narrative of growing up relatively uniquely in a unique, unjust society. *Born A Crime* ends before Noah moves to the United States and begins his meteoric rise to what many would consider the top of the comedic heap.

I sense a sequel to follow, but that will likely be a witty, engaging account (and no doubt a bestseller) too. As celebrity books go, Noah's is really good. It is full of his experiences and feelings: great stories, surprising events, and enduring maternal love most of all. ♂

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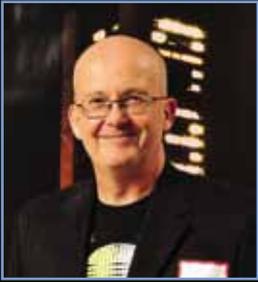
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JIM HURCOMB



DICK COOPER:

Breaking “Radio Silence”

I caught Dick Cooper at a bad time. Moments before our scheduled interview he called to say several boxes had just arrived at his door. They contained copies of the Cooper Brothers wonderful new album “Radio Silence”.

When the unloading was done, we talked about the record and the past, present and future of the legendary Ottawa band.

But first, for those of you who missed it, here’s your essential “Dummies” guide to the Cooper Brothers.

- In 1978 the Coops signed to Capricorn Records, home of the Allman Brothers, The Marshall Tucker Band and other big names in Southern Rock.

- In 1980 their hit single “The Dream Never Dies” was one of the most-played songs on U.S. radio.

- They toured with the Doobie Brothers, Joe Cocker and other major stars.

In 1980 Capricorn Records folded.

Unable to repeat the success of their first two albums, the Cooper Brothers band broke up in 1983.

- In 2006 the group reformed, led by Dick and Brian Cooper. Two albums ensued, with a third, “Radio Silence”, arriving on Dick’s doorstep 10 minutes before we chatted.

- Dick teaches a course on songwriting at Algonquin College and works with “The





League of Rock” in Ottawa, which teaches grownups how to be rock and roll stars.

BOUNDER: What was the timeline when it came to recording “Radio Silence”?

DICK: This is the first album we recorded in Ottawa. We weren’t going to have a producer, so what we figured we really needed was time. We started it in January of 2016 and it took about year to get a finished product. When you record an album in two weeks it’s not the

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DICK COOPER

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same as doing it over the course of a year. I think it sounds amazing, and that's just from spending the time on it. I joked that I saw the guys in the band more than I saw my wife last year.

BOUNDER: To be honest, when I heard you were making another album I thought, why bother? The industry has changed so much, and it's hard for even new bands to get any radio play. But when I heard "Radio Silence" I realized it was because this is what you do.

DICK: If I thought about all that stuff it would be pretty depressing and I wouldn't do it. But you can't think about that. When I teach, we talk about all these problems and how tough it is, but I tell them if that's what you want to do go ahead and do it. I'd be a hypocrite if I didn't do that too. I



think the intentions are purer as you get older because you know this isn't going to lead to anything. It's got nothing to do with whether we're going to make money off it. We can think about that stuff now, but I couldn't while we were making the record.

BOUNDER: What's more exciting for you now, the recording process or gigging?

DICK: For me it's always been recording. It's always been like that. I never really liked playing. Still don't. I kind of feel like I'm a



SASS JORDON

continued on page 44

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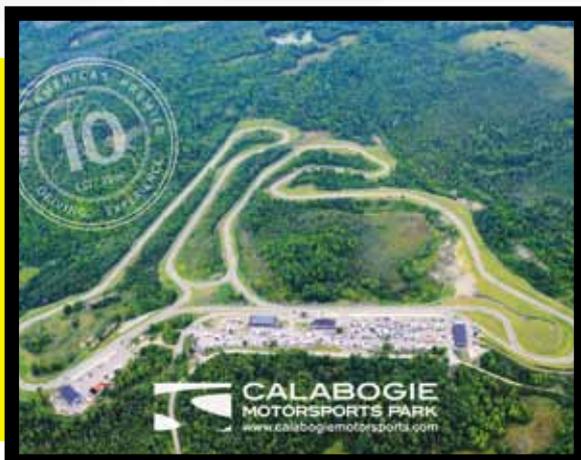
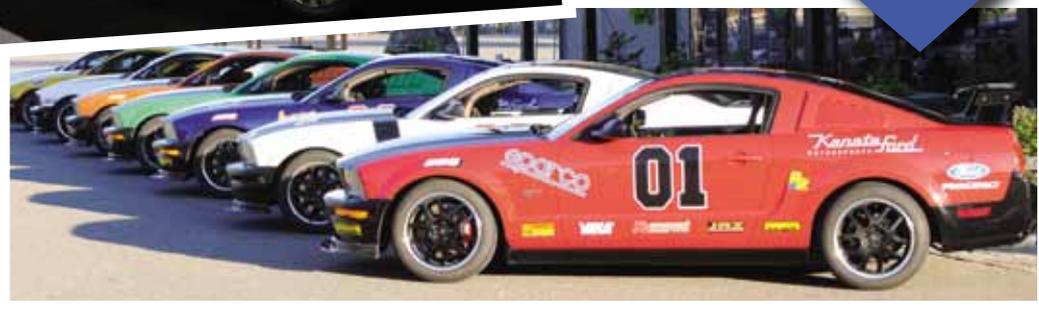
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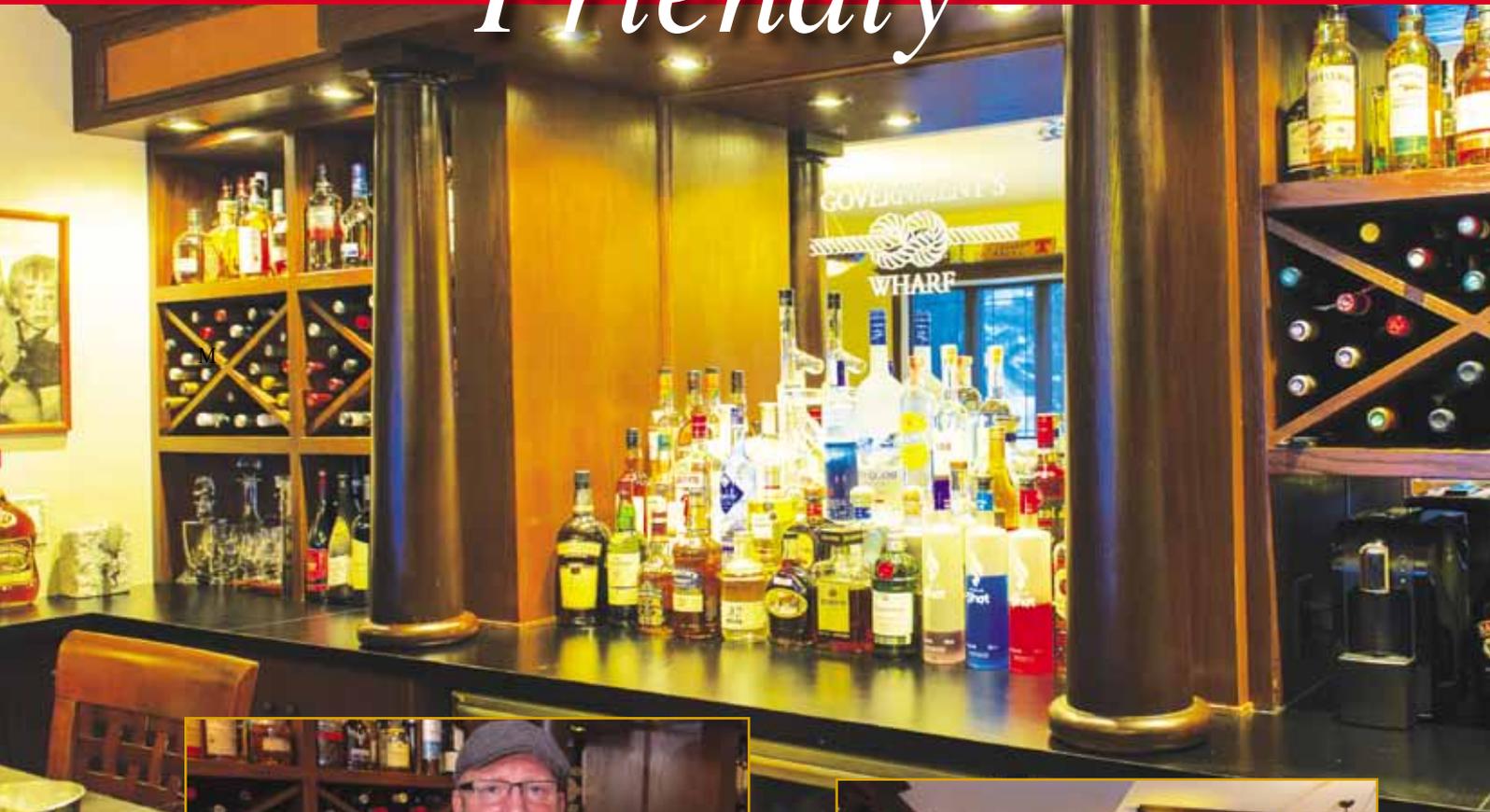
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So... my daughter Jesse called me one day and said: "Dad you have to check out this guys basement. He built a maritime pub".

A few weeks later Jesse and I were off to Metcalfe to see Kenny's cave.

Arriving at Kenny's place, it looks like any other modest home in a nice community, and after introductions, Todd Langille my photo guy shows up and we head downstairs.

Kenny has done a spectacular job of creating a room that feels and looks like a cosy pub. After being downstairs and sitting at a barstool sucking on a cold beer, you would swear that you were anywhere but in a basement. His pub was inspired by a pub he went to in Newfoundland. Kenny then showed us the rest of the downstairs that is currently under construction that will expand the "pub" through out the space.

Rumour has it that some of the best St Patty's day parties happen at Kenny's place and not just March 17th.



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DICK COOPER

continued from page 40

bit of a control freak. In the studio that's totally perfect, but when you're playing live there are just so many extraneous factors that come into play. There's so much you can't control in a live gig. I never feel comfortable there. I could live in the studio. Brian and the guys would rather play live, but to me the magic is in the studio.

BOUNDER: Does "Radio Silence" refer to the current situation with radio and how hard it is to be added to radio playlists?

DICK: The song is not really about us, but you could make that leap. When I teach, I see the odd kid who comes along who is super-talented, and I think that at least back in our day my brother and I had a shot at this. We got a label, we had some airplay, we at least had our kick at the can. I see some of these kids now and I feel bad for them because I know they're just not going to get a shot because they don't work the right way, they don't sound the right way. The next Dylan could come along and we wouldn't even know it. Anything that happens to us at this point in our career is kind of like a bonus.



BOUNDER: Doesn't the internet open up those doors to new talent though?

DICK: I tell my kids to, sure, put stuff up on YouTube, but go out and play with a band. Get some experience. Got to the open Mic nights and put your hours in and hone your craft, and then do it. Don't just throw it out now when you don't have your act together. Everybody's recording but they don't have their chops together, they don't have a following.

BOUNDER: You obviously love teaching others about your craft. Has dealing with kids helped in your own career?

DICK: What's great about it

is I'm always hearing new music from my students. I'm listening all the time and keeping up on the business, unlike a lot of guys from my generation who stopped listening to music after Steely Dan or something. I think teaching has kept me involved. We did want "Radio Silence" to have a big 70's sound, but we didn't want it to sound like a 70's record.

The Cooper Brothers new album "Radio Silence" is in stores now. The band will be doing limited gigs this summer. Check their website cooperbrothersband.com for upcoming events, check out tracks from the new album, and catch up on their latest shirts. ☺

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TRUE BREW

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yeast, some pine, some spice, a bit of lemon and then way in the background I am finding lightly toasted white bread pale malt notes in this “brewery-fresh” beer experience. Substantial sweet juicy tropical fruits - maybe a bit of orange now with the mango and pineapple, followed by white pepper, bready malts and a slightly tart tang from the yeast, medium body with a dry finish and medium lingering finish with yeast gently hugging your tongue hoping you’ve got room for another swig. Blue Cheese or peppercorn crusted steak, sharp cheeses and spicy flavourful foods would stand up and make a suitable partner to this really great beer.



Calabogie Brewing Co. is located at 12612 Lanark Road, Calabogie. Their tap room is open daily between 1pm and 5pm (longer on some days) with a gorgeous rustic patio overlooking the mighty Madawaska River. Calabogie is expanding its brewing facilities to a second location on Schneider Road in Kanata (right beside Big Rig) so expect more beer news (including a very ambitious Lambic sour beer program) to be brewing from them. Cheers! www.calabogiebrewingco.ca

BEER SCHOOL UPDATE: For the first time ever the Prud’homme Beer Certification Program will be offering all three levels of world class in-class beer education in Ottawa as part of an on-going year round calendar! For more information please visit <http://www.tfkbeer.com/classroom.html>

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Saturday

Mr. YoYo
at the Augusta Hall – 8p.m.

Sunday

Mulching and Macrame
A four-hour talk (with slides)
Daleyville Library 10pm - \$20
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Monday-Sat.

Mary Blevins Pole dances at
Tootles Tavern

Giddyay everyone! Summer's here and the valley is awake again!

School will soon be out and the little darlings will be unleashed on an unsuspecting world! I remember back to my school career and two of the most enjoyable years of my life.... grade three! I remember Miss McMurchie was the teacher and she had the personality of a drowned rat. How she ever got her teaching certificate I don't know. When I look back I can count perhaps three teachers that were any good; the rest were pathetic. You can go to school forever and get degree after degree, but unless you can impart that knowledge you're useless!

Anyway, McMurchie looked like her chute didn't open and she sucked lemons as a pastime. One day my friend, Freddy, and I heard that the speckles were biting in Cross Creek and we decided to go. The only thing standing in our way was crummy old school.

Freddy wrote a note saying his father was lost at sea and he had to stay with his mom 'cause she was really upset! (It never dawned on Freddy we were a thousand miles from the sea, a fatal mistake.) I thought about it awhile and relied on spontaneous

thinking to put the plan in action. As we walked to school, Freddy with his note in hand and me with my head spinning with lame ideas, we arranged to meet at ten o'clock by the bridge over Cross Creek. We had stashed our fishing poles and a can of worms there the night before and everything was set. I sauntered into McMurchie's class, fashionably late hoping she would throw me out, but no, no it was not just her old "Do you think you're better than everyone else" line, which I had incurred many times before. She started off with an "I'm your friend" ploy by trying to engage the class with chit chat. "Let's talk about your morning so far, class.

Mary (Mary Blevins, the brain of a woodchuck), what did you have for breakfast today?"

Mary: I had bacon and eggs and orange juice.

Well, that sounds very nutritious Mary. How about you Kyle? (Kyle was the suck hole of the class)

Kyle: I had pancakes with maple syrup, it was delicious Miss McMurchie. (What a brownnoser, I wanted to murder him!)

How about you Cecil? This was my big chance, I knew she would throw me out, fishin' here I come!

Me: I didn't have no %^**& breakfast, I said with a scowl! The class laughed, McMurchie went red. This was it! I was goin' fishin'!! "That's not the type of language that's allowed here Wiggins! One more time with that type of stunt and you'll be gone...do you understand?" Any other day and she would have thrown me out on my ear, she sure picked a great time to be in a good mood!

Then she crowed rather triumphantly, "It's geography time class, open your geography books to page 44. Now, can anyone tell me where the American border is? I leapt to my feet and screamed "He's upstairs with my mother, that's why I didn't get any %^**& breakfast!!!! She dragged me down to the principal's office by the ear, they had to get my Dad outta the tavern...never did go fishin'. ♂



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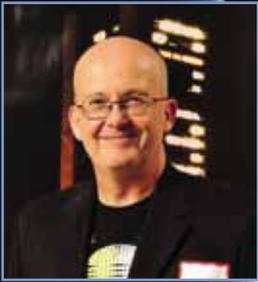
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JIM HURCOMB

Showtime For JOHN ALLAIRE

Like most kids growing up in the 60's, John Allaire was introduced to music through the record collections of his siblings. His older sisters were, big surprise, huge Beatles fans and it was impossible to escape the Fab Four's sound in the house.

But John's real musical epiphany came years later during a trip to Boston in 1979. He was there to play in a hockey tournament, but it was a visit to a local concert hall that turned his life around.

At the time The Clash was a little-known British punk band touring North America for the first time. By the time the tour was finished the Clash was on the verge of stardom. That night John Allaire put memories of "camp-fire guitar" behind him and decided to become a punk rocker. "I started buying punk rock records. I turned my guitar up to 11 and started playing punk rock."

A few weeks later the formerly clean-cut jock was striding down the streets of Ottawa sporting a Mohawk haircut and a new attitude. He took a job working the door at Ottawa's legendary Underground Club on Rideau Street beneath the Japanese Garden restaurant. Owner Eugene Haslam liked the valley lad and let him hang out and enjoy the music and scene.

In High School, he formed his first band, "Seventh Level". They had some success playing the numerous punk venues around town, but major success didn't happen till he hooked up with former members of the Randy Peters and Gonks-Go-Beat to form the Town Cryers. Their rootsy-rock, driving sound helped them stand above the other young bands of the time, and led to recording, cross-Canada radio play, touring and even video exposure on MuchMusic.

In the 90's life caught up to John Allaire. He had a couple of kids and he decided that touring and spending hours in the studio had to be dialed a way back. "I started playing

these one-off shows at clubs and restaurants with just me and my guitar and harmonica," he recalls. "Musically it was getting back to the Neil Young-ish style, country folk rock that I grew up on. I am first and foremost a lyricist, so I had to strip things down to really get my songs across".

Anyone who has caught a "solo" artist in a bar recently knows that that technology has totally changed the landscape of the profession. Gone are the days of mastering "Take Easy" and "Sweet Home Alabama" and trying to wow an audience. With the right pedals and software, a solo performer can sound like Pink Floyd or the Eagles without worrying about the other guys showing up on time. But John doesn't buy into the new performing technology. "I don't do that kind of stuff at all. I'm primarily a storyteller. I'm not a particularly good guitar player. If my hand goes down I pretty well hit all six strings. I call it the Joe Strummer school of guitar."

As for the dreaded "covers" question, he admits to "doing what is needed to pay the bills", and has a deep love of music by the Beatles, The Replacements, Elvis Costello and other singer-songwriters, but most times when you see John Allaire work on his own you will get a collection of original songs telling stories about peoples' lives and life in the Ottawa Valley.

And John knows how to work! He has done 7 solo albums, and last year alone he did 151 shows, which is more than most local artists due in a decade. This summer he will be doing some festivals and short tours. His "John Allaire Show" at Quinn's on Bank is legendary for the loose, natural feel and non-stop guest appearances from the best of the best on the local scene. That's where John is more comfortable, singing his songs, inviting his

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The Italians are coming!
The Italians are coming!



If anyone has ever seen the FIAT 500 commercial you will quickly recognize the heading I borrowed from them, which is their tag line. I highly recommend you go on YouTube to catch this commercial, hilarious. Which brings me to the point of this article, the Amici club is not so much a club but rather a steering committee that is the brain child of Delio D'Angelo of the Italian Car Club of Ottawa and Fabrizio Sciola from the FCA Ferrari Chapter of Montreal.

I have had the pleasure of knowing both gentlemen for well over 30 years and their concept was simple, they want to unite all the Italian Car Clubs across Canada under one umbrella so we can all share the love and passion we have for Italian cars. Now as we all know trying to get all these clubs to agree is no small feat but guess what? Delio and Fabrizio started in 2010 and they now have close to a dozen clubs that have joined in realizing their dream.

As I sit and write about the "club" and having attended a number of the events, it was great to see so many people attending the Kingston meeting. It was refreshing

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to sit down and all of us working together to make sure that all our major events to do not overlap, helping to promote each other in a cordial and friendly manner.

At the present time, the following clubs have joined the "Amici Club"; FIAT club of Montreal, FCA Ferrari Quebec, FIAT Montreal, Pro Italia Montreal Club, Luigi Ferrari Club of Quebec, Alfa Romeo Club of Montreal, Ottawa and Canada, VEA, Team Pantera Canada, Italian Car Club of Ottawa, FCA Ferrari Ottawa, Ontario FIAT Club, Italian Car Day Club of Woodbridge. As you can see these clubs encompass the cities of Montreal, Ottawa and Toronto with plenty of room to grow.

To date the 4 major events are as

follows: FCA Ottawa Ferrari Festival that takes place from June 16 to 18, Italian Car Parade in Ottawa on June 17th, Italian Car Day in Woodbridge on August 6 and last, but not least, the Raduno Montebello on September 25, 2017.

Where do they go from here? The goal remains the same, they are constantly inviting and looking for all Italian Car clubs across Canada to register and become part of the Amici Club. If you are an Italian car owner and have not yet joined a car club then, by all means, join one nearest you and share the passion.

If you are an Italian Car club and want to join the Amici Club simply go to their website and register.

There are no fees or membership costs, just come with a positive attitude and be prepared to make new friends.

Interested in learning more? Please visit their website at www.amicicanada.com you will find all the car clubs involved, photos of their events, dates and contact information as well as links to the various clubs that have already joined the Amici Club.

As a final wrap-up, I want to send out a thank you to Delio and Fabrizio for taking on this goal and, on behalf of all the Italian Clubs that have joined, "Grazie Mille!"

Until next time keep smiling and see you in my rear-view mirror. ☺

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DOUG POLLARD

PETAWAWA RESEARCH FOREST:

Rising from the Ashes



Ten minutes west of Petawawa, Clouthier Road breaks off south of the TransCanada, past a sign proclaiming Petawawa Research Forest. It is named for Isadore Clouthier, whose exploits were legendary throughout the Ottawa Valley. For much of his career, Isadore was fire boss for the forestry station; he was also a consummate deer hunter.



If you are in your later years you will remember when the road was a whole lot busier and the sign read Petawawa National Forest Institute, or going way back, Petawawa Forest Experiment Station. To the locals it was always Dominion Forestry. More than name changes have taken place, of course. It is the site of some of the most significant

forest science in Canada.

The roots of Petawawa Research Forest reach back to Canada's beginnings, when Sir John A. Macdonald wrote to the premier of Ontario lamenting, "We are recklessly destroying the timber of Canada and there is scarcely a possibility of replacing it." He was worried about forest clearance by settlers, and terrifying forest fires. The Timber and Forestry Branch, forerunner of today's Canadian Forest Service, was established some years later.

The Branch needed land, a place to study reforestation and forest fire behaviour. Military authorities too were looking for accessible land suitable for training. The sand plain around Petawawa

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FOREST FIRE

was deemed suitable and, by 1911, 30,000 hectares had been set aside. Fire was going to be a problem, especially on the artillery ranges. A deal was struck: the Branch would provide fire control for the entire military area, and would conduct studies of the forests in the northern, rocky section.

In 1917 foresters began an inventory of the area. In the following year, they established two plots in a young pine stand that had grown in since an extensive fire in 1875. One would be thinned periodically, the other left untouched for comparison. They remain to this day, and are the oldest Permanent Sample plots in Canada.

After this promising start, work consisted primarily of building roads and controlling fires. It kept the military people happy, and laid infrastructure for future research activity on over 10,000 ha of forest reserve. The need for scientific information was increasingly evident. By the outbreak of WWII, about 100 projects had been initiated in genetics, ecology, silviculture, forest mensuration, and forest protection.

Funding improved after the war, and the station was soon overflowing with staff. Research was broadened considerably in 1957 with new buildings and state-of-the-art facilities, and continued to expand over the next decade.

It was July 1967 when I stepped off "The Canadian" at Chalk River to begin my career in the Canadian Forest Service. Canada was in the www.bounder.ca



LOWER NURSERY

midst of Centennial celebrations, and in an ebullient mood. Money was flowing. Alas, as Pierre Burton wrote, 1967 was the last good year. Within a few months we were in serious trouble. The government was over-committed. Cutbacks were ordered. We were lucky not to lose the Station when the Service chopped several establishments in 1969. As it was, 22 people were laid off, and others were transferred to regional offices. It was a taste of things to come.

It was still a vibrant community of over a hundred people, all passionate about the Station. They worked together and played together. Each fall, for example, enthusiasts cleared fire trails, and linked them up across lakes to create magnificent cross-country ski trails. But it was the long history of research that gave everyone a sense of purpose and place.

A thousand tales could be told of those days. One of my favourites took place at the Lower Nursery over lunch-hour: the director caught some of the nurserymen washing their sandwiches down with a beer and promptly docked them each a day's pay; that was the end of it. Another favourite involved my manager, who had just arrived from England. One night Jock went to investigate a noise at the back door. There, upright, stood a bear, peering into the kitchen. He called the fire boss, Bruno Clouthier (Isadore's nephew); a few

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DAVIN
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DRINKING *El Dorado*

It's unlikely that visiting Guyana, a Caribbean nation on the northeast shoulder of South America, is on anyone's bucket list. Though there are several posh hotels, tourism amenities are few. Pity: The sights, sounds and smells of Guyana are sheer enchantment. In the Fall 2016 issue of *Bounder*, Jeff McMaster recounted visiting Guyana's spectacular 741-foot Kaieteur Falls. And now, for spirits aficionados, we uncover a one-of-a-kind distillery called Diamond Distillers in the capital city of Georgetown.

Guyana is the land of Demerara rum, a rich potation that once flowed from over 200 local distilleries. Today this number has dwindled to just one, but oh, the historic treasures that await visitors. Not only does Diamond Distillers house the world's last original wooden Coffey still (Coffey the inventor, not coffee the drink), but when other Demerara distilleries were shutting down, Diamond salvaged their stills creating a working museum of the oldest and most bizarre distilling equipment in existence.

So, forget Scotland; forgo Cognac; skip the Bourbon Trail. Set your GPS for Cheddi Jagan International airport and prepare to be dazzled by a collection of one-of-a-kind stills and rums. Because, amidst the wealth of fine spirits available today there is none finer than Diamond's El Dorado rum.

Here in Ontario, you can easily sample El Dorado 3 or 5 year old; both are \$26.95 at the LCBO. But life is short; why not head straight for the spectacular El Dorado 15 at \$61.15? This is a rum to make single malt lovers think twice.

Different stills produce different types of spirit, and these mature at their own rates, creating unique rums, just like single malt Scotch. At Diamond, these rums are blended together to create the final products.

In fact, blending is the real art of making rum, and at Diamond there are separate recipes for each age. El Dorado 21 year old is not just an older version of the 15 year old. No, it is a whole new formulation. To



sample rums from the individual stills is to understand why this is so. Luckily, Diamond has begun to release special single barrel bottlings that showcase three of their most prized stills.

Take that venerable wooden Coffey still for example. To start off, it is square and looks like a Jenga stack of tottering railway ties. Serious fans of distilling history marvel at this leaky relic. Originally from the Enmore Sugar Estate founded by Edward Henry Porter nearly 200 years ago, its rums are called EHP, after the old man. Available occasionally at the LCBO for an even \$100, El Dorado Single Barrel EHP Demerara Rum is light but complex, and bursting with soaring floral fruity notes and hints of cherry cough drops. There is nothing like it anywhere else in the world.

If it is difficult to imagine a wooden Coffey still, wooden pot stills are down right bewildering. Why don't they burst into flames when they turn on the heat? The answer lies in the coiled steam pipes used to heat them. Long before health and safety rules



ended direct fire in Scotland, steam heat was the norm in Guyana.

Diamond distills another rum called ICBU, in an 18th century four-column metal French Savalle still from the Uitvlugt sugar estate.



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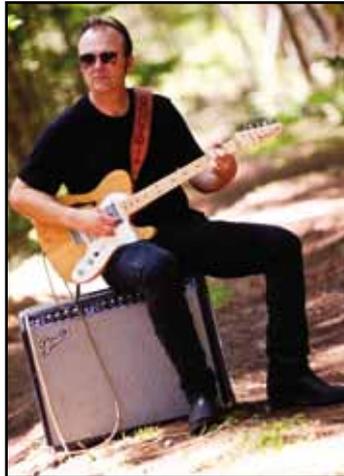


Its creamy caramels, soft fruitiness and spicy bitterness contrast sharply with the lighter EHP. For those who can't make the trek to Guyana, LCBO also stocks ICBU from time to time and it is well worth seeking out.

The cream of the crop though, is called PM, after the Port Mourant sugar estate. That is where a 250-year-old wooden double pot still was first used to make this

heavyweight. Rich and oily on the palate, PM is laced with linseed oil, peppers and vegetal notes.

Diamond Distillers and its El Dorado rums are a must on any serious thirsty traveller's itinerary. And though a great dram is never far from hand in Guyana, it is a luxury few ever experience. Guyana though, it turns out, is a true El Dorado for the adventurous drinker. And for armchair travellers? Well, there's always the handy LCBO. ♂



friends on stage, telling stories of the Valley and trading quips with the audience.

And now for our regular "Tip from the Pro" feature, where we ask successful local performers what advice they would pass on to musicians trying to break into the local concert scene. Like 90% of our "pros" the most important thing, John says, is getting out to

see other shows around town. "Be present in clubs so the owner can actually see that you're not just there to see your own show. Make friends with bands both in and out of town so you can piggyback onto their shows. Don't be afraid to collaborate with other bands. Put shows together and support each other. You can't really sit at home and hope somebody sees you on YouTube."

Who knows? One of the shows could be the one to turn your life around, like it did that night in Boston for John Allaire. ♂

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MUSIC REVIEW

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similar honky tonk piano riffs shining through, but the lyrics are night and day. Instead of singing about fun times with groupies like Skynard was, Cooley is savagely harpooning the big time religious evangelists who preach morality and godliness while doing exactly the opposite.

American Band only gets better. Driven by the rhythm section, *Ever South* is a "love song", as Hood puts it, to the band's roots. The next two tracks are brilliantly revealing of their take on the troubling divide in American society. *What It Means* is a standout: questioning, bewildered and understatedly powerful. Hood's vocals and lyrics touch on recent events as the band picks up steam gradually, Hammond organ by Jay Gonzalez prominent.

Racial injustice, the insane plague of gun violence that never ends, and the creeping intrusion of government into every function of its citizenry (the reflective, moving *Once They Banned Imagine* written by Cooley), are brought to the fore thoughtfully in songs that resonate. Both are superb, intelligent and musically pleasing.

The final song, *Baggage*, is about the suicide of Robin Williams and its effect on Hood. At the same time it is hugely personal - he acknowledges his own depressive personality while expressing a degree of understanding for William's choice. Featuring great guitar riffs and a rock-solid rhythm section, it's powerful and moving.

American Band puts their oft-used cover artist and friend Les Freed on the inside this time. The cover is deliberately stark, a grey background with an American flag at half-mast. It sums up the mindset and the general mood of the songs within. They are exceptional though, hymns to a country the Drive-By Truckers have difficulty fathoming. Collectively, they make a great album you should have. ♂

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PETAWAWA

continued from page 53

minutes later there was a loud report, and that, too, was the end of it.

The military, of course, viewed all this with some misgivings, and occasionally had to be reminded of the value of their neighbours. They were impressed by fire control on the ranges; early work had led to Canada's becoming a world leader in fire management technology, initially with major improvements in hoses and pumps, and later, sophisticated systems for predicting and tracking fires, and getting the best out of Canada's advanced CL-215 water bombers. In 1972, a new visitor program encouraged every student in Renfrew County to visit the Station; as a result, most households in the Ottawa Valley had a fair idea what went on down Clouthier Road.

The federal government did not get it. Late in 1978 it announced closure of the Station. Ottawa reckoned without the passion of its staff. Instead of scrambling for jobs, they bonded into a determined publicity machine, and set about letting the world of forestry know what was about to happen. The government was inundated with protests, from the Valley, from the forest sector across Canada, and from the international forest research community. It was social media by mail. The government caved in. But there was a price: The Forest Management Institute and the Forest Fire Research Institute in Ottawa would be closed instead, and their programs amalgamated with those at Petawawa.

Thus, the Station took on a new lease of life, as Petawawa National Forest Institute. Once again, new buildings were needed to house a much-enlarged research program. And for a while, things went well, despite the upheaval some had to endure. Silviculture, genetics, fire management and data systems could all benefit in the digital age now under

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way. New methodologies such as computer modelling, remote sensing and satellite imagery were brought to bear on a sector whose objectives were becoming blurred. Timber production was still king but now had to contend with new agendas of “sustainable development”, “multiple use” and “biodiversity”; “climate change” was about to pervade every program.

Less than two decades after its formation, the Institute was no more. In its February 1995 budget, the government announced massive reductions in all federal departments; the Canadian Forest Service would lose a third of its staff, and more than half of its funding. Most of the Station was demolished. Yet a glimmer of hope remained.

Twenty years ago, “Petawawa Research Forest” emerged from the ashes of bureaucracy. Managed by a staff of just four, it has an ambitious program of science, demonstration and technology transfer. Its budget is minimal, relying on creativity, cooperation and consultation with other agencies. For visitors, there is much to see and do here. Special events, several interesting trails, an arboretum of native and exotic trees, and some lovely lakes with good fishing are open to the public (in my time the muskies of Corry Lake were so big swimmers had to be cautioned!) If you plan a visit, check out the website <https://friendsofthepf.com>. Petawawa Research Forest is usually open daily from Victoria Day to Labour Day.

A nostalgic memento of eleven years at the Station hangs in my home in Victoria: a birch panel bearing the signatures of those on staff in 1978. The number of names since passed is sobering. They live on in memory, and in their contributions to science and Canada’s forest sector. As for Permanent Sample Plots 1 and 2, they are still at work, along with many younger experiments. In just a few years, the pines will reach 150 years; they too will be standing strong and free. ♂

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The Borrego SPRINGS EXPERIENCE!

By HERB LAGOIS

Imagine finding that special place you absolutely fall in love with! Borrego Springs surrounded by Anza-Borrego Desert State Park is *that* place for Irene and me!

Remote and isolated: located in South – Central California’s Colorado Desert, approximately 2 hours (driving) east of San Diego (2 hrs. from Palm Springs, 3 hours from Los Angeles, 5 hours from Phoenix, AZ).

Leaving San Diego for Borrego Springs, taking highway 67 is where a biker’s dream starts to unfold: Highway 67 which becomes Highway 78: scenic, hilly, mountainous, curvy roads, amazing, yet the experience just keeps evolving. Roughly halfway between San Diego and Borrego Springs is a town called Julian.

Julian at 1,219 m (4,235 ft.) elevation is an official California historic town (pop 1,502 2010 census) yet the hallmark of Julian is *Apple Pie*! Julian’s cold winter climate is ideal for growing apples, October produces 10,000 pies a week – a MUST stop!

Turning onto highway 78 from Julian is pure biker heaven! Not only because of being satiated with pie..., riding through the mountains, the valleys, then the vistas overlooking the town of Borrego Springs, the switchbacks riding down to the Anza-Borrego State Park... heaven! Can you picture a weekly pie run to Julian?

Anza-Borrego State Park (elevation 182 m 592 ft., 1400 ha - 600,000 acres) is the largest state park in California. It is the second largest state park in the contiguous US. - New York’s Adirondack Park being the largest. Rugged mountain ranges: Bucksnots and Santa Rosas to the North, Jacumba Mountains to the South, Vellecito and Pinyon Mountains to the West. To the east the Borrego Mountains taper into the Carrizo Badlands, then falling into the Salton Trough ending at the Salton Sea.

The Anza-Borrego State Park Visitor Center is a must, exhibiting geological forces that shaped the landscape, life forms and human stories of the desert region. With their vast knowledge, the



staff and volunteers add to the overall experience. Both the Anza-Borrego State Park Visitor Center and the Anza Borrego Foundation offer desert presentations; educational programs; and instructional and hands on lessons ranging from Flora, Fauna, Topography and Star Gazing to Night Photography...and more (we are so impressed with the Foundation, and we continue to support it!)

Anza-Borrego's average temperature is 30°C (87°F), though temperatures can reach 50°C (122°F) in the summer, and plummet to -7°C (20°F) in the winter. The park has 800 km (500 miles) of roads (paved and primitive); is California's first *international dark sky community* – (wicked star gazing); is known for desert wild flowers (Late February

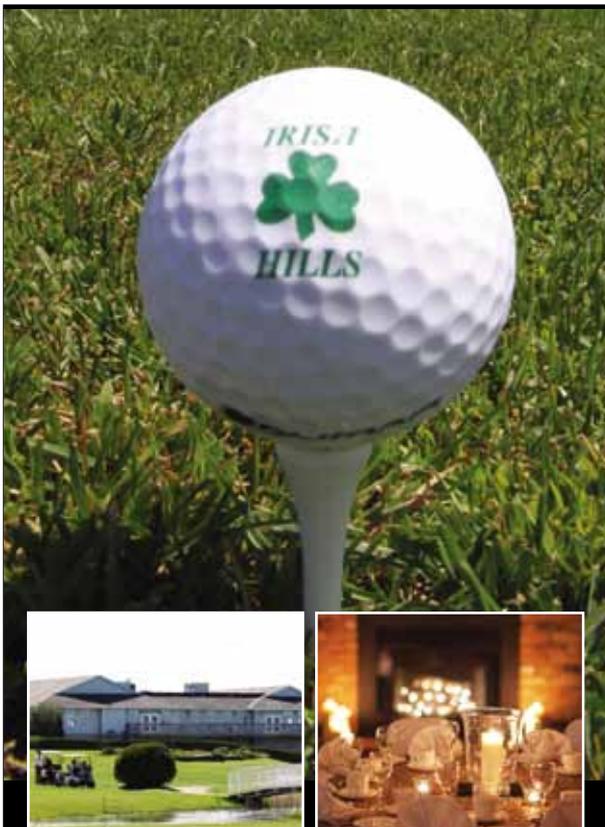
through March)- *a sight to behold*; is home of the iconic Fan Palm (the only palm tree native to the western US); plus, offers endless activities like hiking, biking, horseback riding, bird watching, off-roading...

Completely surrounded by Anza-Borrego State Park is Borrego Springs (pop 3,429 2010 census) featuring 4 public golf courses, RV parks, shops, accommodations, plus fulltime and seasonal homes. Another amazing landmark is The Palms at Indian Head, a 1958 Retro-Chic Hotel which hosted celebrities such as Marilyn Monroe, Cary Grant, Clark Gable, and Bing Crosby. The Coyote Steakhouse offers great food and nostalgic music, the Red Ocotillo serves awesome margaritas...yikes. What I loved the most about the Palms at In-

dian Head, though, is the Architecture – and imagining what it must have been like to stay there in it's hey day; truly a find in the desert.

Riding East through the Carizzo Badlands the elevations drop down to -73 m (-240 ft.) below sea level at the Salton Sea. The Salton Sea is California's largest lake (889 sq.km.) with salinity greater than the Pacific Ocean but less than the Great Salt Lake. Interestingly, the concentration of salt increases approximately 3 % per year...

The riding experience in and around Borrego Springs can't be described in words. Every road, every corner... let alone the experience of being in such a remote and isolated place – is why it's such a special place to Irene and me. ☺



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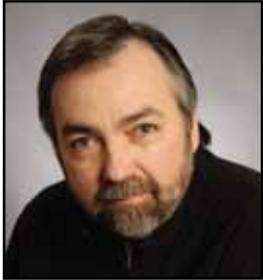
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RANDALL MOORE

WHAT COULD *Go Wrong!*

Do you mind if I get personal? It's my wife, Diane, the most generous, kind-hearted woman on the planet.

Something's going on. Her moods. Some days I don't know who she is. Some days she's out of control, screaming and swearing and shaking with anger.

The kids are worried. "Dad, what's going on with mom?" What's going on? THAT GUY, I say, pointing to the TV, THAT's what's going on. Trump. Donald Trump.

Yes, even my wife, who has zero interest in politics, has caught the Trump virus. And it's nasty! You lose control of all common sense, you start arguing with strangers, or in my wife's case...the cats. Yes, I heard her telling the cats what an evil monster Trump is. This is what The Donald is doing to people.

The TV news, my wife walks into the room and I turn channel immediately. But then I hear her cursing from the other room. She's on the computer and there's yet another story about what Trump is doing to destroy the world. And my wife buys this stuff!

I was reading somewhere how shrinks are busier than ever before - with people wanting to talk about Trump. Might have to book my wife an appointment. And to think...we have four more years of this! How we gonna handle it? And our cats, even they've had enough. One didn't come home the other night. Think I know why. My wife was watching the news.

~

So, another colonoscopy is in the books. Number three.

Can't say I'm getting used to them, though. Not possible. I mean, the things they make you do, starting with the SLOP you have to drink the day before, and I mean SLOP! Feel sick just thinking about it. And you can't eat, like NOTHING, and I'm going insane, so much so I head over to Farm Boy just to look at the food...and dream!

Day of the procedure I'm starving, I'm cranky and I'm nervous. Yeah, nervous, I mean, not every day they shove an auger up your ass! WHAT COULD GO WRONG? But I was sedated, unlike during my first colonoscopy. I didn't know better then, didn't know I had the option. Also, didn't know I could watch what they were doing UP THERE. No thanks, I said.

So this time I was knocked out. Count to ten I am told and I make it to three and next thing I know I'm hearing...what is it, I'm not quite sure.... thunder? A machine-gun? No, don't be silly. Air being deflated from a balloon? A duck? Did I fall asleep in yoga class? Then it comes to me as I come to...that sound, it's the unmistakable sound of flatulence.... everyone is farting! It's like they're rehearsing for a concert. So, I join in, of course.

But I got 'er done, the colonoscopy. And a good thing, too. Cause they found and removed four small polyps. Polyps that could become big polyps and cancerous, if left alone.

So, you know what I'm saying guys...Bend over and get 'er done! ♂

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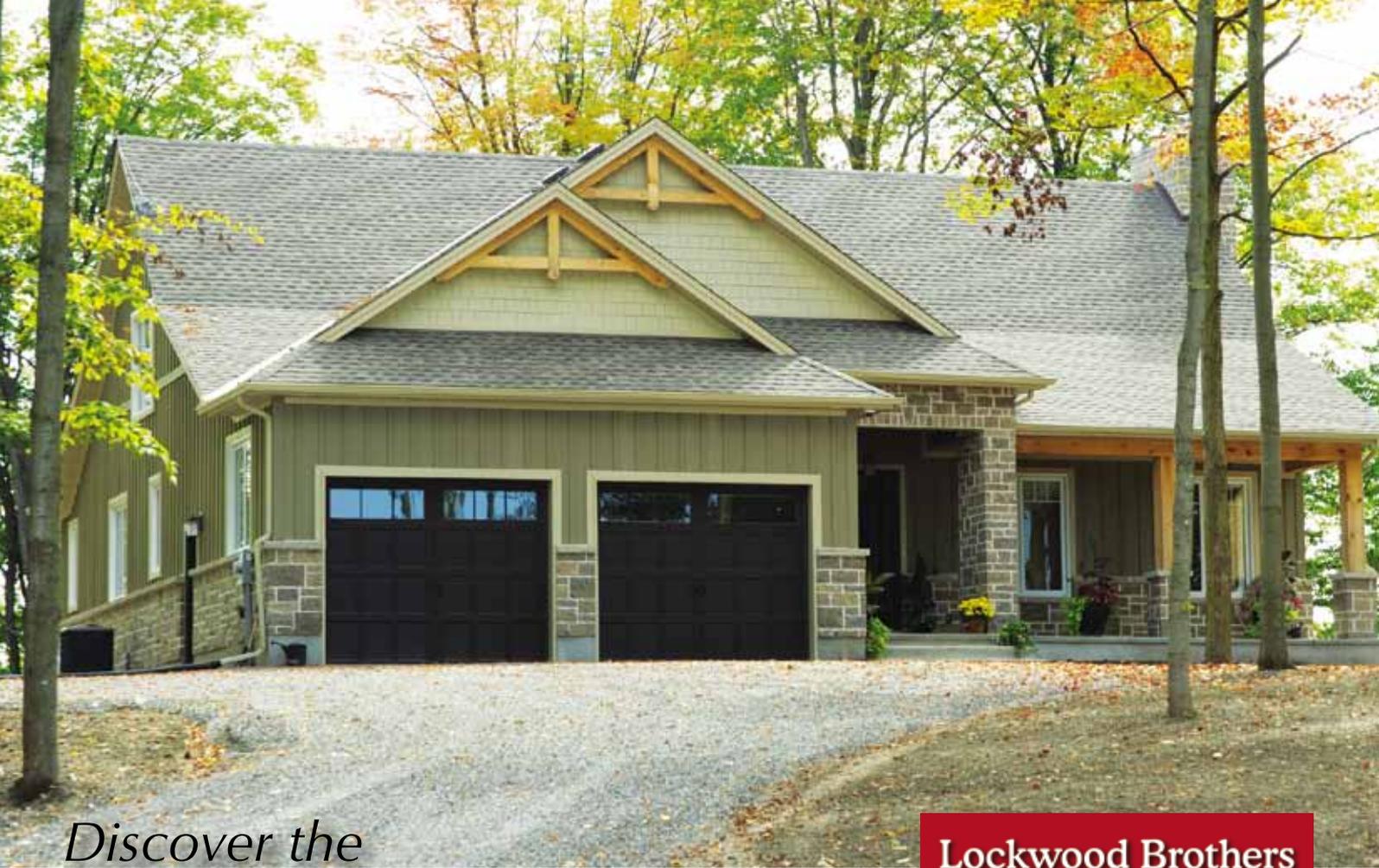
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